

2010 Jan	hols	2-3	
		9-10	<b>10 Woodford Hares&amp;Hounds</b>
		16-17	
		23-24	
		30-31	
Feb		6-7	<b>7 Mt Glorious</b>
		13-14	
		20-21	
Mar		27-28	<b>27 TRAQ's AGM plus Bunyaville social run</b>
		6-7	
		13-14	<b>13 Six Foot Track (NSW); 13 AJ Hackett Poker Run (Cairns)</b>
		20-21	<b>20-21 Bunya Mts social run</b>
Apr		27-28	
		3-4	<b>4 Wild Horse Criterium</b>
		10-11	<b>10 Pinnacles Classic (Brisbane Forest Park)</b>
		17-18	<b>17-18 Washpool World Heritage Trails (NSW)</b>
May		24-25	<b>25 Speewah Legend Foot Race (Cairns)</b>
		1-2	<b>2 Mt Mee to Dayboro</b>
		8-9	<b>8 DELXC 6hr Trail Run</b>
		15-16	<b>16 Glasshouse Mountains Cooks Tour</b>
Jun		22-23	
		29-30	<b>30 Gold Rush (Cairns)</b>
		5-6	
		12-13	
Jul		19-20	<b>20 Lake Manchester Trails; Mini-Kokoda 29k</b>
		26-27	
		3-4	
		10-11	<b>11 Rail Trail (Ferndale-Lowood)</b>
Aug		17-18	<b>17 Fraser Island; 17-18 Kokoda Challenge (Numinbah)</b>
		24-25	<b>24 Glasshouse Mountains Flinders Tour</b>
		31-1	
		7-8	
Sep		14-15	<b>14 Wild Horse At Night training run</b>
		21-22	
		28-29	<b>29 Egg Rock (Lamington) social run</b>
		4-5	
Oct		11-12	<b>Glasshouse Mountains 100</b>
		18-19	<b>18 Run The Whitsundays Great Walk</b>
		25-26	
		2-3	<b>3 Bribie Beach Bash</b>
Nov		9-10	<b>9 Bunyaville</b>
		16-17	<b>17 Spiny Cray Ultra (Cairns)</b>
		23-24	<b>23-24 Lamington Classic</b>
		30-31	
Dec		6-7	<b>6 Mapleton social run</b>
		13-14	<b>13-14 Rainbow Beach social run</b>
		20-21	<b>20 Bunyaville</b>
Dec		27-28	
		4-5	
		11-12	<b>11 Bunyaville</b>
		18-19	



Green = TRAQ run



TRAIL RUNNING  
ASSOCIATION OF  
QUEENSLAND

**Membership** of TRAQ supports our work organising and promoting more events on quality Queensland trails. It also gives you a 10% discount at our events, regular updates on coming events - both races and informal runs - and provides funding and public liability insurance for trail runs. Memberships cover the calendar year. Single membership for 2010 \$30; family membership \$45.

**Join Online** – easier for us and you – [www.runtrails.org](http://www.runtrails.org) – Membership menu

**members contact information**

FAMILY NAME  GIVEN NAME/S

DATE OF BIRTH  /  /  SEX: male / female (please circle)

**OTHER FAMILY MEMBERS**

NAME  DATE OF BIRTH  /  /  SEX: male / female

NAME  DATE OF BIRTH  /  /  SEX: male / female

**MAILING ADDRESS**

STREET No.  STREET NAME

TOWN/CITY  STATE  POSTCODE

CONTACT PHONE  EMAIL

I COULD HELP AT ONE OF THE FOLLOWING 2010 EVENTS: (please circle one)

- Sun 10 Jan Hares&Hounds : Sun 7 Feb Mt Glorious : Sat 10 Apr Pinnacles : Sun 16 May G'house
- Sun 20 Jun LakeMan : Sat 24 Jul G'house : 11-12 Sep G'house : 23-24 Oct Lamington : Not sure - contact me

IN RETURN YOU GET ONE FREE TRAQ EVENT ENTRY (UP TO \$50)

**payment**

Membership	\$30 or \$45 for family	\$
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Please send cheque or bring to our next event ( Cheques/ Money Orders payable to **TRAQ Inc** )

Post to  
TRAQ Membership  
PO Box 1059  
MORAYFIELD  
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